



Silver Valley Unified School District

35320 Daggett-Yermo Road, P.O. Box 847, Yermo CA 92398

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September 11, 2014

Dear Parents and Students:

The Silver Valley Unified School District is taking a proactive stance in the prevention of communicable diseases in our schools. We have prepared guidelines and protocols to safeguard the health of our children and staff by minimizing the harm caused by viruses. It is everyone's responsibility to prevent the spread of a communicable disease.

The following are key recommendations from the Center of Disease Control (CDC):

- Stay home when sick:
 - Students with flu like illness should stay at home for at least 24 hours after they no longer have a fever, or signs of a fever, without the use of fever reducing medicines.
- Hand hygiene and respiratory etiquette:
 - Wash hands frequently with soap and water when possible.
 - Cover noses and mouths with a tissue when coughing or sneezing (or a shirt elbow if no tissue available).
- Early treatment:
 - Individuals at high risk for influenza complications who become ill with influenza-like illness should speak with their health care provider as soon as possible.
- When a student returns to class after being absent for flu like symptoms, please have them check in at the Health Office.

Thank you for your attentive observations and cooperation during this "flu season". For further information on influenza updates go to www.cdc.gov.

Sincerely,

Jill Kemock
Interim Superintendent

Lewis Elementary School
(760) 386-1900

Tiefert View Intermediate School
(760) 386-3123

Newberry Springs Elementary School
(760) 257-3211

Yermo School
(760) 254-2931

Fort Irwin Middle School
(760) 386-1133

Silver Valley High School
(760) 254-2963

Alternative Education Center
(760) 254-2715

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