### **BE PREPARED COUNTY OF SAN BERNARDINO!**



## Get your FREE Flu Shot or FluMist

#### and discover your local POD site

A Point of Dispensing (POD) site is a location where the community can go to receive medication and or vaccinations during a public health emergency, such as a pandemic influenza or bioterrorism.



# Silver Valley High School

35484 Yermo-Daggett Road Yermo, CA 92398

Tuesday, October 29, 2013 3:00 p.m. to 5:00 p.m.

For more information contact the County of San Bernardino,
Department of Public Health,
Preparedness & Response Program
at 909-252-4406

#### **Vaccine Guidelines**

The **free flu shot** will only be available to people:

- 3 years and older, a parent or guardian must accompany children under 18 years of age
- Children under 9 years of age may require two (2) doses of flu vaccine (4 weeks apart) based on prior vaccination history
- Pregnant women will be offered a flu shot on a first come, first serve basis due to limited supply

FluMist intranasal vaccine is available for healthy non-pregnant people age 2 years thru 49 years only

